Waste Reduction

Main approaches:

1. Use less initially
2. Recycle
3. Use more sustainable resources

* Do you really need what you’re buying? Hidden production costs account for a huge quantity of waste, and you never see this. 6000 litres (no jokes) to make 1 pair of jeans
* Consider how much waste will be generated by purchases. If its covered in loads of packaging and there is an alternative next to it consider buying that instead
* Select products which will minimise the waste. Eg. Buy in bulk and store for later. 4 pints of milk has far less packaging than 2 lots of 2. A tea towel can be re-used, kitchen roll is thrown away
* Are you maximising the potential of what you are using?
* USE DOUBLE SIDED PRINTING (pet hate), and if the document is just onto a new page try to slim it down. Reduce the margins at the edge/font size.
* Recycling can make a huge difference, but will consume energy so is not a perfect fix
* Select purchases that will have more recyclable waste. A Tin is probably more recyclable than plastic containers
* Oxford can recycle most things, especially from flats (colleges are worse). Things like crisp packets (foiled plastic) and tissue paper not possible —take into account
* Ensure where you are living has set up its recycling properly. Watch your scouts (they can be devious), Lobby College to get more recycled and tell them its cheaper (talk to Natalie, Alastair and I for more). Make sure your flatmates know what can be recycled and what can’t
* If your around a friends make sure they've got their recycling set up properly (sounds annoying but it really helps)
* Don’t just throw something away immediately. Fix it. Learn to sew (easy) or get someone to help you. Even if it's a temporary fix its probably worth it. This will also save you money
* Purchase products from closer by. They will have wasted less fuel and other resources reaching you
* Buy recycled products. lt may cost a little more but current production of many things is utterly  
  unsustainable
* If products have a focus on sustainability there is likely to be a focus on waste anyway
* If you can buy something which can be re-used, get that over a disposable alternative. In the long run the re-usable item is likely to save you money as well

Any questions feel free to email me

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